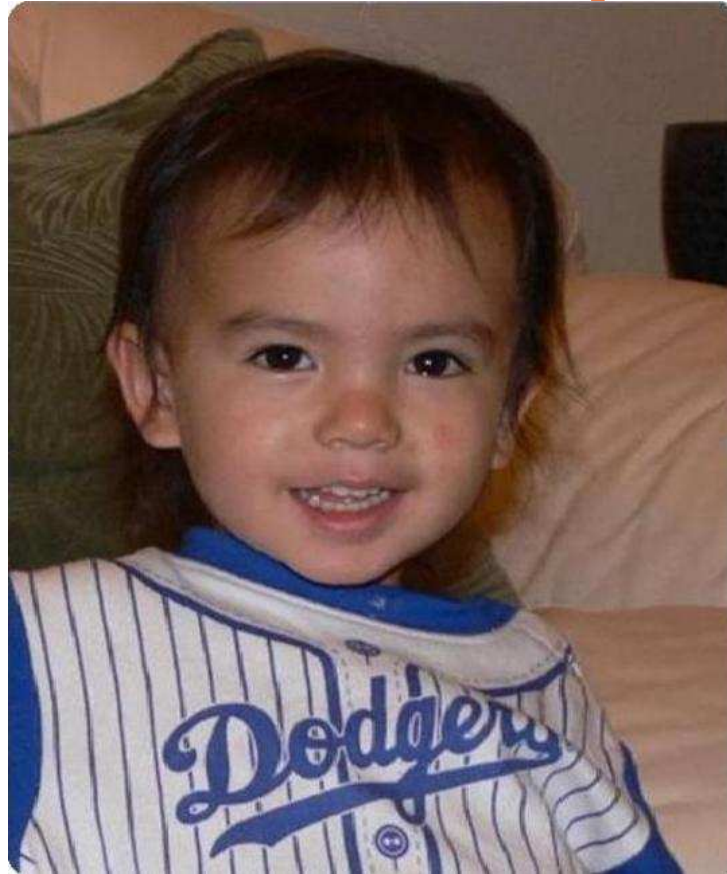


# L.T. Staheli Pediatric Orthopedic Seminar

## Children and Sports



Saturday  
January 23, 2010

Seattle Children's  
Wright Auditorium

Presented by:



**Seattle Children's**  
HOSPITAL • RESEARCH • FOUNDATION  
Orthopedics and Sports Medicine



**UW Medicine**  
SCHOOL OF MEDICINE

## Course Description

This highly practical one-day course will provide the most current information on pediatric orthopedic issues presenting in family medicine and pediatric practice related to sports health. The format includes demonstration of examination techniques and lectures on evaluation strategies and patient management options. Time is also provided for questions and discussion. Participants are encouraged to tailor their course experience by bringing specific cases to discuss with faculty.

## Who Should Attend

- Pediatricians
- Family Physicians
- Physician Assistants
- Physical Therapists
- Residents
- Nurse Practitioners
- School Nurses
- Occupational Therapists

## Course Location

Seattle Children's Wright Auditorium  
4800 Sand Point Way NE  
Seattle, WA 98105  
Map & directions will accompany your confirmation letter.

## Course Objectives

Participants will be able to:

- implement practical evaluation/treatment and preventative techniques applicable to sports health and the care of orthopedic problems in children; and
- perform differential diagnosis, appropriate use of diagnostic modalities, basic treatment methods and indications for referral for common conditions and injuries.

## Planning and Organization

### **Michael J. Goldberg, MD**

Chief, Skeletal Dysplasia Clinic, Seattle Children's  
Clinical Professor, Orthopaedics, UWSOM

### **Thomas Jinguji, MD**

Department of Orthopedics, Seattle Children's  
Clinical Assistant Professor, Orthopaedics, UWSOM;

### **Kathie Kohorn, MA**

CME Coordinator, Seattle Children's

## Faculty

### **Cora Collette Breuner, MD, MPH**

Associate Professor, Adolescent Medicine., UW;  
Adjunct Associate Professor, Orthopedics and  
Sports Medicine, Seattle Children's

### **Monique Burton, MD**

Clinical Assistant Professor, Orthopedics, UW;  
Interim Sports Chief, Orthopedics and Sports  
Medicine, Seattle Children's

### **Henry G. Chambers, MD**

Pediatric Orthopedic Surgeon; David Sutherland  
Director of Cerebral Palsy Research, Director of  
CHAMPS Sports Medicine, Medical Affairs,  
Officer, Randy Children's Hospital, San Diego,  
CA

### **Michael Goldberg, MD**

Clinical Professor, Orthopaedics, UW; Chief,  
Skeletal Dysplasia Clinic, Seattle Children's

### **Stanley Herring, MD**

Medical Director of Spine Care, UW; Co-Medical  
Director Seattle Sports Concussion Program,  
UW Medicine/Harborview Medical  
Center/Seattle Children's; Team Physician  
Seattle Seahawks

### **Philip Heywood, MS**

Athletic Trainer, Sports Medicine, Seattle  
Children's

### **Kristen Solberg, DPT**

Physical Therapist  
Seattle Children's

### **Janet Morton, PT**

Physical Therapist  
Seattle Children's

### **Kit Song, MD, MHA**

Associate Professor, Orthopaedics and Sports  
Medicine, UW; Assistant Director, Pediatric  
Orthopedics; Quality Improvement, Seattle  
Children's

### **Lynn Staheli, MD**

Professor, Orthopaedics, UW;  
Director Emeritus, Dept. of Orthopedics, Seattle  
Children's

### **Klane White, MD, MSc**

Assistant Professor, Orthopedic Surgery, UW;  
Pediatric Orthopedic Surgeon, Seattle Children's

## Accreditation

Seattle Children's is accredited by the Washington State Medical Association CME Accreditation Committee to sponsor continuing medical education for physicians.

Seattle Children's designates this educational activity for a maximum of 6 hours in Category 1 to satisfy the re-licensure of the Washington State Medical Quality Assurance Commission.

Seattle Children's designates this education activity for a maximum of 6 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

- Clock Hours
- AAFP Credits

## Registration and Cancellation Policy

**You must pre-register; there is no registration at the door.** Space is limited; registrations will be accepted in the order they are received. We do not accept telephone registrations, but Purchase Orders, VISA and MasterCard are accepted, and for your convenience, you may fax your registration to us at (206) 987-5798.

Once your registration has been processed, requests for cancellations will be made, minus a \$20 processing fee, up until three days prior to the meeting. **No refunds will be issued after January 20, 2010.**

# PROGRAM

January 23, 2009

7:30 Registration and Continental Breakfast

7:45 Welcome

*Bruder Stapleton, MD*

*Ernest (Chappie) Conrad, MD*

## SESSION I: Injury and Evaluation

8:00 The Musculoskeletal Examination Demonstration

*Lynn Staheli, MD*

8:25 When a Sprain is Not a Sprain: Sports Injury Mimics - General Principles

*Kit Song, MD, MHA*

8:50 When a Sprain is Not a Sprain: Sports Injury Mimics – Specific Examples

*Klane White, MD, MSc*

9:15 Q & A

## SESSION II: The Sports Team

9:25 The Athletic Trainer: Your Ally on the Sidelines and in the Schools

*Philip Heywood, MS*

9:50 Physical Therapy 101: When, Why and How

*Janet Morton, PT and Kristen Solberg, DPT*

10:15 Q & A

10:30 BREAK

## SESSION III: Sports Health

10:50 Update on Youth Sports Concussion: Washington State Passes a New Law

*Stanley Herring, MD*

11:15 The Pre-Participation Exam: Why and How

*Monique Burton, MD*

11:40 When 1 + 1 = 4: Musculoskeletal Pain That Doesn't Add Up

*Cora Collette Breuner, MD, MPH*

12:05 Q & A

12:15 LUNCH (provided)

## THE STAHELI LECTURE

1:00 Pediatric Disability and Sports Participation: Can My Child Play?

*Henry G. Chambers, MD*

1:40 Q & A

## SESSION IV: Audience Participation

1:50 Two Orthopedists, Three Opinions – Case Presentations

*Moderator: Michael Goldberg, MD*

3:20 ADJOURN

# REGISTRATION FORM

L.T. Staheli Pediatric Orthopedic Seminar  
January 23, 2010

**Course Fee:** (includes catering, instructional materials and CME credit)

	<u>By 1/2/10</u>	<u>After 1/2/10</u>
• Children's Staff/Employees	\$125.00	\$150.00
• Other Professionals	\$150.00	\$175.00
• Group (3 or more)	\$125.00	\$150.00

**On line registration at:** <http://www.seattlechildrens.org/healthcare-professionals/education/>

**This form MUST be complete & received by Noon Jan 20, 2010, by sending to:**

Seattle Children's CME  
PO Box 5371, Mail Stop S-219A  
Seattle, WA 98145-5005  
Contact: Kathie Kohorn (206) 987-5379

**OR**

FAX: (206) 987-5798

**PLEASE PRINT**

Name: \_\_\_\_\_

Specialty: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Fax/Email: \_\_\_\_\_

**PAYMENT:**

Check Enclosed. *Payable in US funds to: Seattle Children's CME*

VISA                       MasterCard

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_